

Vibrational Food Analysis Instructions

www.MakePainGoAway.com

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Please print out the Food List we will be working from (PDF file) ([click here to download the Food List](#)). If you have time, you may open the document, and on the last two pages, **please list any additional foods or particular brand names, brand names of other foods, supplements or topicals** (lotions, make-up, etc.) for me to test, which you are currently or considering using, and return to me via email (susan@MakePainGoAway.com). If you do not have time prior to our appointment, no worries - just give them to me over the phone, and I'll record them.

Session preparation and additional info:

1. During our session, there is not much for you to do, aside from being present.
2. You may wish to take notes, but all of the values for the items I test will be recorded on the Food List and emailed to you.
3. I may periodically ask you questions regarding certain items, so please be on a speaker phone and hands free, if you need to multi task.
4. Please keep cell phones at least 15 inches away for energetic purposes, and avoid other electronics, including computers, entirely.
5. Please be well hydrated so that I may better connect with and hold your energy. Basic hydration guidelines are eight to ten 8 oz. glasses of water daily. If you consume coffee, tea (black, green, and herbal are exempt) or alcohol, the replenish ratio is 4 to 1. Sodas are 6 to 1.

Below are links to learn more, or to forward to your friends and loved ones, who want to learn more about the Vibrational Foods Analysis. Anyone who is feeling less than wonderful, has chronic issues, or wants to lose weight may want to check it out.

One client has reported that she has cut her grocery bill by 2/3, has lost 16 pounds, feels fantastic every day, and her appetite is always satisfied!

Another client, after being diagnosed with a recurrence of non-Hodgkin's follicular lymphoma, went for blood work after just eight weeks of being on the total program (VFA, AlphaSonic, and emotional clearing), and her blood values were normal for a healthy person. She just had another re-check, and she's doing so well, doctors extended her next follow-up panel to three months down the road.

Here is the link to a radio interview on my background and Vibrational Foods Analysis:

<http://www.purelivingnowradio.com/Archive/PureLivingNow073110.mp3>

and to order:

<http://makepaingoaway.com/individualizedfoodtesting.aspx>

a 60 second commercial:

<http://soundcloud.com/alphasonics/food-analysis-comercial>

Expect to be enlightened, surprised, have fun and embark on a whole new relationship with whatever you put into or onto your body.